

BTEC LEVEL 3 - NATIONAL EXTENDED CERTIFICATE
IN SPORT

Course Content and Assessment

BTEC Sport is equivalent to one A level and is accepted by all the major academic universities alongside other A levels.

This course is divided into four units:

Unit 1 – Anatomy and Physiology

Unit 2 – Fitness Training

Unit 3 – Professional Development in the Sports Industry

Unit 6 – Sports Psychology

Two of the units are assessed via a written exam and the other two units are assessed through practical performance and coursework.

For the practical activities students need a strong interest in at least one sport which can be selected from a wide variety of activities available from the department.

Sports which have been done outside of college can be used for this qualification.

Unit 1 – Anatomy and Physiology.

This is assessed in a written exam.

Unit 2 – Fitness Training and Programming for Health, Sport and Well-being.

This is assessed in a written exam.

Unit 3 – Professional Development in the Sports Industry.

This is assessed by doing a project or a presentation.

Unit 6 – Sports Psychology.

This is assessed by doing a project or a presentation.

Teaching and Learning

A combination of practical lessons and classroom based lessons

Progression

BTEC Sport Level 3 is accepted by the top universities alongside A levels for UCAS points. It links well with many subjects including psychology, sociology and biology or chemistry.

The course can be used as a stepping stone for many academic studies at University or in preparation for directly linked courses such as Sports Science, Physiotherapy, Leisure and Recreation and Psychology.

Entry Requirements

An interest in at least one sport.

4 GCSE Grade 4 or above

PE is **not** an essential requirement.

Examination Board

Edexcel

Further Details

Mr M Lloyd

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