

BTEC LEVEL 3 – NATIONAL EXTENDED CERTIFICATE – SPORT



ST HILDA'S
COLLEGE

Course Content and Assessment

BTEC Sport is equivalent to one A level and is accepted by all the major academic universities alongside other A levels.

This course is divided into four units:

Unit 1 – Anatomy and Physiology

Unit 2 – Fitness Training

Unit 3 – Professional Development in the Sports Industry

Unit 6 – Sports Psychology

Unit 1 – Anatomy and Physiology.

This is assessed in a written exam.

Unit 2 – Fitness Training and Programming for Health, Sport and Well-being.

This is assessed in a written exam.

Unit 3 – Professional Development in the Sports Industry.

This is assessed by doing a project or a presentation.

Unit 6 – Sports Psychology.

This is assessed by doing a project or a presentation.

Teaching and Learning

A combination of mostly theoretical classroom based lessons with the occasional practical based lessons.

Progression

BTEC Sport Level 3 is accepted by the top universities alongside A levels for UCAS points. It links well with many subjects including psychology, sociology and biology or chemistry.

The course can be used as a stepping stone for many academic studies at University or in preparation for directly linked courses such as Sports Science, Physiotherapy, Leisure and Recreation and Psychology.

Entry Requirements

An interest in at least one sport.

4 GCSE Grade 4 or above, that includes science at Grade 4 or above

PE is **not** an essential requirement.

Examination Board

Edexcel

Further Details

Mr M Lloyd

The 6th Form
@ St Hilda's