



# FOWLER EDUCATION & FOOTBALL ACADEMY



**ST HILDA'S  
COLLEGE**

The 6th Form  
@ St Hilda's



Are you looking for a unique and exciting opportunity to combine your passion for football with your education?

# WELCOME

Are you looking for a unique and exciting opportunity to combine your passion for football with your education? Do you want to learn from the best coaches, teachers, and mentors in the industry? Do you want to develop your skills, confidence, and career prospects in a supportive and inspiring environment?

If you answered yes to any of these questions, then the Fowler Academy is the perfect place for you to study.

The Fowler Academy is a football and education college that offers students aged 16-19 the chance to be the best they can be. Founded by Liverpool legend Robbie Fowler in 2015, the Fowler Academy provides outstanding coaching, academic qualifications, and progression pathways for aspiring footballers. It is the perfect environment for those wishing to improve their footballing ability while also striving to achieve the highest academic standards.

## **At the Fowler Academy, you will benefit from:**

Top-class coaching from UEFA A qualified and experienced coaches, who have worked with professional clubs such as Liverpool, Everton and Wigan Athletic. You will receive regular individual feedback, video analysis, and sport science support to improve your technical and tactical performance.

Education is delivered by outstanding teachers, who will help you achieve nationally recognised qualifications such as BTEC's and A Levels. You will also have access to a range of courses and certifications that will enhance your employability and career options, such as FA coaching badges, gym instructor, personal trainer qualifications, and more.

Incredible opportunities to play in competitive leagues and cups every Wednesday.  
Opportunities to face professional academy teams and play and train at the world famous Melwood Training Ground.

You will also have the chance to travel abroad and represent the Fowler Academy in international tournaments, such as the Dubai Super Cup, where we were crowned champions in 2018 and runners up in 2023.

Unrivalled support and guidance from our dedicated staff, who will help you achieve your goals and aspirations. Whether you want to pursue a scholarship in the USA, study at a UK university, play semi-professional football, or gain employment, we will provide you with the best advice and assistance to make it happen.

The Fowler Academy is more than just a football and education programme. It is a college of like-minded individuals who share your passion for football and education. It is a place where you will learn from the best. And you will find our environment and culture provides you with the skills and knowledge to become the best you can be.

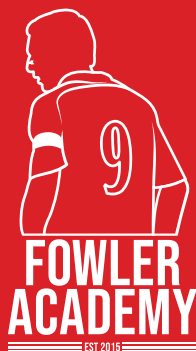
Don't miss this amazing opportunity to join the Fowler Academy. Apply now and start your journey with us!

# OUTSTANDING EDUCATION

The Fowler Academy specialises in the delivery of BTEC Sport/Sport and Exercise Science courses. And we also offer a suite of A Level courses for you to choose from. Our teachers and pastoral team have a proven track record of helping students successfully transition from school to College life and onto their next destination. Typically, Fowler Academy students go on to university, employment, apprenticeships or scholarships when they leave us.

In our most recent OFSTED inspection (February 2023) we were judged as good. Inspectors praised our ambitious curriculum and the positive attitudes of our students who the inspectorate stated feel happy and safe in our environment. Our success is built on the strong foundation of outstanding teaching and learning. Teachers at the Fowler Academy have a wealth of experience teaching in Schools, Colleges and Universities. We have a culture of high expectations and use effective and timely feedback to support students through their learning.

We are industry leaders in the delivery of sport/sport and exercise science courses. During training and games students will gather vast amounts of data on their performance, including GPS via Catapult and heart rate data via Polar Team Pro. The football activities students perform are discussed and analysed in the classroom to make Fowler Academy a truly applied learning experience.



# COURSES

## **BTEC National Extended Diploma in Sport Coaching and Development**

### SPECIFIC MINIMUM ENTRY REQUIREMENT FOR SUBJECTS

4 grade 3s or above. Please note you will also resit your maths and English if they are not a 4 or above. Students applying for this course will be invited to attend an initial guidance interview.

### COURSE CONTENT:

You will learn the skills and knowledge required to be a coach and gain valuable experience coaching local school children and players from the Fowler Academy Junior squads. Example units that you will cover include:

- Developing coaching skills
- Nutrition for physical performance
- Fitness testing
- Technical and tactical skills in sport
- Applied coaching skills
- Fitness training

### TEACHING AND LEARNING (SEE COURSE CONTENT):

### ASSESSMENT:

Assessment methods are varied to meet the needs of all students and to ensure a wide variety of skills are developed. Assessments include:

- Podcasts
- Video analysis
- Practical coaching observations
- Presentations
- Written reports
- Work experience

12 units which are assessed via 100% coursework

### PROGRESSION:

Example student destinations for this subject include:

- PE teacher BSc (Hons) Physical Education and School Sport Edge Hill University
- BSc (Hons) Sport Therapy University of Central Lancashire
- BSc (Hons) Sport Coaching Edge Hill University
- Employment as a sports and community coach
- USA Scholarships
- PE teacher
- Sports therapist

### EXAMINATION BOARD AND PERSON TO CONTACT FOR FURTHER INFORMATION:

#### **Pearson**

For more information please contact Andrew Allen.

# COURSES

## BTEC National Extended Diploma in Sport & Exercise Science

### SPECIFIC MINIMUM ENTRY REQUIREMENT FOR SUBJECTS

5 GCSE's grade 4 or above including Maths and English. Grade 5 in science. Students applying for this course will be invited to attend an initial guidance interview.

### COURSE CONTENT:

The BTEC Level 3 National Extended Diploma in Sport and Exercise Science covers all of the core skills that are needed to pursue further study in this exciting and growth industry. Example units that you will cover include:

Coaching for performance and fitness  
Functional anatomy  
Applied sport and exercise psychology  
Nutrition for sport and exercise performance  
Applied research methods in sport and exercise science  
Sport and exercise physiology  
Research Methods  
Specialised fitness training

### TEACHING AND LEARNING (SEE COURSE CONTENT):

### ASSESSMENT:

Assessment methods are varied to meet the needs of all students and to ensure a wide variety of skills are developed. Assessments include:

Experiments  
Podcasts  
Video analysis  
Practical coaching observations  
Presentations  
Written reports  
Interviews  
Exams

13 units of which 7 are mandatory and 4 are external.  
Mandatory content (67%). External assessment (42%).

### PROGRESSION:

Example student destinations for this subject include:

BSc (Hons) Sport and Exercise Science Liverpool John Moores University  
BSc (Hons) Science and Football Liverpool John Moores University  
BSc (Hons) Sport Coaching Edge Hill University  
BSc (Hons) Mental Health Nursing Edge Hill University  
Sport and Exercise Psychologists  
Nutritionist  
PE Teacher  
Football analyst  
Strength and Conditioning Coach  
Physiotherapist

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# COURSES

## Pearson BTEC Level 3 National Extended Certificate in Business

### SPECIFIC MINIMUM ENTRY REQUIREMENT FOR SUBJECTS

5 GCSE's grade 4 or above including Maths and English. Students applying for this course will be invited to attend an initial guidance interview.

### COURSE CONTENT:

You will develop real world understanding and experience of setting up and running a business. Regular guest speakers from industry experts, and trips to local companies enrich the curriculum and bring it to life. A work experience module is also included to provide invaluable networking opportunities that will enhance your curriculum vitae. Example units that you will cover include:

Exploring business  
Developing a marketing campaign  
Personal and business finance  
Work experience

### TEACHING AND LEARNING (SEE COURSE CONTENT):

### ASSESSMENT:

Assessment methods are varied to meet the needs of all students and to ensure a wide variety of skills are developed. Assessments include:

Podcasts  
Presentations  
Written reports  
Interviews  
Exams

4 units of which 3 are mandatory and 2 are external. Mandatory content (83%).  
External assessment (58%).

### PROGRESSION:

Example student destinations for this subject include:

BSc (Hons) Business Management Liverpool John Moores University  
BSc (Hons) Business and Marketing Edge Hill University  
BA (Hons) Business Management and Sport & Exercise Science Hope University  
Marketing Executive  
Sales Executive  
HR Assistant/Manager  
Self-employed business owner

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# COURSES

## **Pearson Level 3 Alternative Academic Qualification BTEC National in Health and Social Care**

### SPECIFIC MINIMUM ENTRY REQUIREMENT FOR SUBJECTS

5 GCSE's grade 4 or above including Maths and English. Students applying for this course will be invited to attend an initial guidance interview.

### COURSE CONTENT:

Our Health courses prepare you for a range of roles and further study in the health sector including physiotherapist, paramedic, occupational health and over 350 other career opportunities in the NHS. Students learn from tutors with a wide range of experience in the health and allied occupations sector.

They also gain hands-on experience during work placements in departments such as physiotherapy, dietetics, occupational health and many more at Alder Hey Children's NHS Foundation Trust. Regular guest speakers and seminars at Alder Hey enrich the curriculum making this course a truly unique and hands on learning experience. Example units that you will cover include:

Human Lifespan and Development  
Human Biology and Health  
Promoting Health Education

### TEACHING AND LEARNING (SEE COURSE CONTENT):

#### ASSESSMENT:

Assessment methods are varied to meet the needs of all students and to ensure a wide variety of skills are developed. Assessments include:

Podcasts  
Presentations  
Written reports  
Practical demonstrations  
Exams

4 units of which 3 are mandatory and 2 are external. Mandatory content (75%).  
External assessment (50%).

#### PROGRESSION:

Example student destinations for this subject include:

BA (Hons) Health & Wellbeing and Sport & Physical Education Hope University  
BA (Hons) Primary Education (5-11) with QTS Hope University  
BSc (Hons) Child & Adolescent Mental Health & Wellbeing Edge Hill University  
BSc (Hons) Nutrition & Health Edge Hill University  
BSc (Hons) Paramedic Science University of Central Lancashire

There are over 350 careers in the NHS. These can be viewed at <https://www.healthcareers.nhs.uk>

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